## Richwood

Richwood, Aug. 30.- Divine services at Central Baptist Church at 11 A. M Sunday.

Mr. and Mrs. Dean Pugh were the guests Friday evening of Mr. and Mrs. G. T. Marsh, at Rocks.

Bascom Powell was in Lynchburg on business Monday.

Mr. and Mrs. T. T. Wooldridge, and daughter, Marvis were guests last Wednesday afternoon of Miss Stella Wooldridge.

Mr. and Mrs. Leonard Blackwell visited with Mr. and Mrs. Willard Fleshman Sunday.

Mr. and Mrs. Atwell Powell and son, Ray, of Lynchburg were the week-end guests of Mr. and Mrs. D. A. Pugh.

The latest increase to the population in this area is a baby girl, born to Mr. and Mrs. Esmond Pugh Friday night.

Mr. and Mrs. T. T. Wooldridge and daughter, Marvis were guests Sunday afternoon of Mr. and Mrs. Henry Davis, at Pamplin.

J. L. Pankey, of Arlington, Va., was the week-end guest of Mr. and Mrs. Carter Pankey.

Mr. and Mrs. Harold Marsh and Mr. and Mrs. L. F. Hawkins, of Gladys visited with Mr. and Mrs. D. A. Pugh Sunday.

Leonard Blackwell, who has been sick for the last few days, is much better at this writing.

Richwood, Aug. 30.- Mr. and Mrs. Paul Sarver and family and Mrs. Jack Burks and son, Jack Wayne, spent Sunday in Buena Vista. They enjoyed a picnic lunch on top of the Blue Ridge mountains.

Those visiting Mr. and Mrs. Paul Sarver and family Saturday were Mr. and Mrs. L. H. Goin and family, of Appomattox; Mr. and Mrs. Herman Pillow, of Lynchburg, and Mr. and Mrs. Jack Burks and family, of Appomattox.

Mrs. Paul Sarver and family visited Mr. and Mrs. L. H. Goin and family at Appomattox on Monday.

## Stonewall

Stonewall, Aug. 30.- Mr. and Mrs. O. R. Turnes attended the Turner reunion at Hollywood last Sunday.

Mr. and Mrs. Irby Wheeler and family and Mr. and Mrs. Lee Wheeler had a picnic at Holliday Lake last Sunday.

Mrs. Lee Wheeler spent Sunday with her sister, Mrs. Anna Lee.

Mrs. John Alvis, Jr. and two children are spending a vacation with her parents, Mr. and Mrs. Mathews at Orange, Va.

Mrs. Bessie Stratton, of Lynchburg is visiting in the home of Hartwell and Marshall Stratton.

Mr. and Mrs. W. C. Caldwell and children are spending this week with her parents in Newark, N. J.

Mr. and Mrs. C. A. Bondurant and daughter of Roanoke spent Sunday with her sister, Mrs. C. M. Caldwell and family.

Mr. and Mrs. Henry Beard and son, Lawrence and Mr. and Mrs. E. L. Chick had a picnic dinner at Lake Side Park last Sunday, celebrating Mrs. Chick's birthday.

Mrs. Lewis Martin and children, Lottie and Dot spent Sunday with her mother, Mrs. J. H. Beard.

Miss Annie Alvis has returned to her old home here after visiting her brother and sister-in-law, Mr. and Mrs. Kenneth Alvis, in Norfolk.

The Rev. and Mrs. G. E. Hughes and daughter have returned from their vacation and he will fill his pulpit at Hebron Baptist Church on Sunday at 11 A. M.

Miss Edna Adcock is on her vacation, visiting relatives.

Mr. and Mrs. Orange Burnette and family, of West Virginia, are spending a vacation with his brothers, John and Rufus Burnette.

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**—The Times-Virginian.**

## Colored Dots

An overflow crowd attended the annual revival services at the Promise Land Baptist Church last Sunday morning. The pastor, Rev. R. Q. Lawing, conducted the morning services in a very effective manner. Music was furnished by the Mount Shiloh Church choir. He preached from the subject, Unfinished Business. The morning offering was lifted by deacons Robert Pankey, Author Robinson, John McCoy, Berner Turner and C. A. Marshall. The general offering amounted to $92.88.

The afternoon service was conducted in an inspiring manner. The Rev. H. G. Hendricks was the guest speaker. Music was furnished by the Peaceful Grove Baptist Church choir. The pledge rally conducted by the church was a great success. The following captains reported the following amounts: Miss Mattie Fleshman $5.00; Mrs. Annie Harvey $12.80. Miss Doris Fleshman $27.84; Miss Clara Fleshman $30.80; and deacon C. A. Marshall $70.00. The total amount of money reported during the day was $256.75. The Rev. J. L. former pastor of the present and gave encouraging remarks. den, of West Virginia, active part in the W. M. Thomas is the for the week.

An appreciative audi bers and friends attend ual meeting at the Fir Church last Sunday pastor, Rev. Jordan, wa He was assisted in the Rev. Phillip Johnson during the day was good. M. Venable, of Red Bank guest minister.

Mrs. Elizabeth Wood, Ingersoll, and Mrs. Fleta Baltimore have been visiting in the county.

MONROE LODGE

Monroe Lodge No. 311, A. M., meets the second every month in their all Appomattox, at 7:30 P. M. brothers welcome.

Class at 7:30 P. M. Wed

Franklin Marshal

Today she's only eight, and going into the third grade.

But it's not many years from pigtails to wedding veils . . . from playing house to running the home. In what will seem an unbelievably short time, this little girl and thousands like her will walk down church aisles to take new partners for a new role in life.

There's a lot to be done between the first grade and the first paycheck. School days are the formative period of good citizenship. They awaken interest. They cast light on darkness. They screen and develop abilities. They fuel the fires of ambition, and develop the sense of responsibility.

In the next few days, as thousands of youngsters across the nation go trooping back to school, we all can be grateful for an educational system — *the finest in the world* — which refines and shapes our boys and girls and returns to us men and women equipped to become good citizens.

As one of the largest taxpayers* in many of the communities it serves, the Norfolk and Western pays a very large share of the tax dollars which support the public schools and contribute substantially to the molding of the citizens of tomorrow

Never drive your automobile past a school bus that is loading or unloading children. Observe speed restrictions in school zones. Watch out for the school children — *they are our country's future.*

**Norfolk and Western Railway**

**The Norfolk and Western Railway paid more than six and one quarter million dollars in taxes for 1948 directly to the states, counties, cities and towns which it serves. A great portion of this money is used to maintain and improve local public school systems.*



## ence Reports kworms Used Cancer Study

W YORK—Science, official of American scientists, announced the creation of ctive silkworms.

y make radioactive silk. But use is to study cancer and rather than learn how to se silk, which is one job s baffled chemistry.

work is done by a group in dical laboratories of the P. Huntington memorial and the chemical and bio- laboratories of Harvard uni-

y are trying to discover how ofessize a protein, because pro- are the biggest molecules, the difficult to make, and prob- the most important to life. ving them a good chance, be- ll is made of fibroin, one of large protein molecules.

**Method is Puzzle**

the silkworms make this is one of the puzzles of growth, growth in turn is one of the e researches in hunting the and maybe the cure of can-

Harvard group used radio- e carbon atoms to light up odies of silkworms so that the process could be seen in graphs.

ese atoms were injected into silkworms, but not haphazardly. ists had discovered that a fiber is largely made of two s alanine and glycine. Both ains carbon. The radioactive s were added to these two and the latter injected by rket.

the two acids apear not only e, but also in human protein ne. That was another reason silkworm tests.

**Became Radioactive**

e injected worms became radio- e. Their bodies rattled for counters, but they did not e enough of the hot carbon to them or to interfere with r silkmaking.

e worms spun cocoons, and the oons were radioactive. Fibers the cocoons were laid on raphic plates, in darkness, took their own pictures by the active rays, indicating the active atoms were in the big protein molecules.

ther experiments are starting to ward the process further. If this science venture tells how to make silk, it has a by- duct of great possibilities for textile industry because the wledge will help scientists sys- ize real silk.

## Coffee Users Get Headaches When off Brew

NEW YORK.—Swearing off coffee gives some people a headache.

One man, drinking six cups a day, gave it up because of a church precept. He began having throbbing headaches that lasted six hours each time.

His doctor traced the trouble to giving up caffeine. Caffeine pills helped the man. Drinking four bottles of a cola drink each day brought him complete relief. Gradually he cut down on the cola until he no longer missed having caffeine daily.

The story is told by Dr. Noah D. Fabricant in a new book, "Headaches. What Causes Them. How to Get Relief." Giving up caffeine is one of the unusual causes sometimes of man's most common complaint, he says.

"It's been estimated that half of all patients who seek medical advice or attention have headache as one of their complaints," he writes.

**Most Can Be Helped**

"But most headaches can be relieved, and when understood, cured."

Headache isn't a disease of itself, but a sign of disease or emotional trouble, he explains.

As for the main causes of headaches:

Many are associated with eyestrain and can be corrected easily by the proper eyeglasses.

Neuralgias, or pains along the cranial or spinal nerves, can cause severe and sharp headaches. Sometimes painrelieving drugs help. Or the nerve may be treated with alcohol, or else be severed.

The common cold often brings headaches along with other discomforts. Rest is the best treatment for a cold, Dr. Fabricant says.

Sinus disease is not as common a cause of headache as many people believe, he adds. Rest, use of heat, nose remedies, and painrelievers like aspirin often help. Surgery may be needed in bad cases.

**Migraine Ranks High**

Migraine ranks high among headaches that cause the most misery. More women have it than men. Attacks may last from a few hours to several days. People who suffer from migraine are likely to be perfectionists, highly emotional, tense, and overconscientious. There doesn't seem to be any single cause of migraine, he says. Often one reason for the pain is a widening of important arteries in the neck, and there are drugs that will contract the arteries.

"Headache of emotional origin is probably more common than most of us realize," he continues. "The emotional, restless, figety individual besieged by worry, anxieties, overwork, and too little sleep is an obvious cause-and-effect victim. In many circumstances, the emotional difficulty is unknown."

The doctor must try to help the person find the reason for his emotional stress.

High blood pressure may bring on headaches. The treatment is to try the things that reduce blood pressure.

## Hixburg

Hixburg, Aug. 29.- Mr. and Mrs. Percy Sears attended an outdoor steak fry at the home of their son, Robert, at Charlotte Court House on Thursday.

Mrs. H. M. Marshall, of Pamplin spent Sunday night in the home of Mr. and Mrs. Sears.

Miss Gertrude Sears and Miss "Cissi" Rockley, of Richmond, will be the week-end guests of Mr and Mrs. Sears on September 10 and 11.

Charlie Carson spent his vacation last week at the home of his brother, Ural, in Newport News.

Mrs. Charlie Carson, John and Bettibel visited with her parents, Mr. and Mrs. Jack R. Marshall last week.

Jack R. Marshall is out and about again. He made trips to Farmville, Prospect and Pamplin on Wednesday.

Mrs. Nelson Hix and Mrs. Woodrow Carson were at Virginia Beach last week.

Mrs. Ernest Carson continues to improve.

Misses Maggie and Carrie Hix were dinner guests in the home of Mr. and Mrs. Ernest Harwood on Saturday evening.

Noticeably good tobacco crops are those of Mr. Lewis Gobble and Brothers, the Hix boys and Billy Inge's.

No doubt the fox hunters will enjoy great sport this fall, as the foxes come almost to the farm houses and catch chickens. One housewife has already lost sixteen hens and thirty-eight fryers.

"Lest we forget," we'll take a backward look at four outstanding fine men, who attended the Home-Coming at Mathews Church last October.

They were: Mr. Ragland Featherston, of Appomattox; Mr. Willie Swan, of Hixburg; Mr. Witt Coleman, of Appomattox, and Mr. Herman D. Sears, of High Point, N. C We did not think that in less than nine months these four who were so cheerfully mixing with the crowd at the laden tables would pass to their reward so soon. Mr. Featherston was known for going out of his way to do a favor for a person regardless of race, color, or creed. Mr. Willie Swan found joy in dividing his vegetables with those who needed them. Mr. Witt Coleman gave a fellow a "lift" with friendly smile and firm hand shake. Mr. Herman Sears was an example of an honest successful man who tried to help others to be the same.

It has been said "that the good life is the one that gives the most happiness to the most people."

**FEENE SAYS TREAT GRAINS WITH CERESAN**

Blacksburg, Aug. 31.- Seed treatment of small grains before planting will help control many plant diseases that plague Virginia farmers, says S. B. Fenne, plant pathologist at V. P. I.

Treatment with New Improved Ceresan, or Seresan M, will destroy seed-borne fungi that cause plant diseases, Fenne said, and also helps check soil-infesting fungi that rot the seed or kill the seedlings. It will largely prevent stinking smut of wheat, the loose and covered smuts of oats, and seed-borne stripe disease and black loose smuts of barley, and will help reduce the amount of scab on wheat and barley. It will not control loose smut on wheat, and brown loose smut on barley.

Feene says also that proper cleaning of the seed before chemical treatment is necessary for best results. A thorough cleaning job will remove all undersized, shriveled, diseased grains, and will leave a more uniform lot of seed.

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Week's auto output sets a new record.

Catholic group asks for a clean-up of movies.

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Two brothers are drowned in Bath County.

Rebels hold two cities in Bolivia.

At least five are dead in Australian floods.


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What to do for woman's oldest problem, functional monthly pain? Many a girl and woman has found the answer in CARDUI's 2-way help. You see, CARDUI may make things less severe for you in either of two ways: (1) started 3 days before your time" and taken as directed on the label, it should help relieve functional periodic pain; (2) taken throughout the month like a tonic, it should improve your appetite, aid digestion, and thus help build up resistance for the trying days to come. CARDUI is scientifically proven and scientifically tested. If you suffer "at those certain times", get CARDUI today.

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